

The Fairfield Sportsperson YR- Y6:Subject Leader Overview

Communication
Participation
Competence
Performance

| Year Group | Standardised Objectives |
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| Year R | <p>ELG Self Regulation</p> <ul style="list-style-type: none"> • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions <p>ELG Managing Self</p> <ul style="list-style-type: none"> • Be confident to try new activities and show independence resilience and perseverance in the face of challenge <p>ELG Building Relationships</p> <ul style="list-style-type: none"> • Work and play cooperatively and take turns with others <p>ELG Being Imaginative and Expressive</p> <ul style="list-style-type: none"> • When appropriate – try to move in time with music. <p>ELG Self Regulation</p> <ul style="list-style-type: none"> • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate <p>ELG Physical Development</p> <ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others • Demonstrate strength, balance and coordination when playing • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing <p>ELG Managing Self</p> <ul style="list-style-type: none"> • Be confident to try new activities and show independence resilience and perseverance in the face of challenge <p>ELG Building Relationships)</p> <ul style="list-style-type: none"> • Work and play cooperatively and take turns with others <p>ELG Being Imaginative and Expressive</p> <ul style="list-style-type: none"> • Perform songs, rhymes, poems and stories with others, and, when appropriate, try to move in time with music |
| Year 1 | <ul style="list-style-type: none"> • Discuss own performances • Discuss how to improve in different physical activities • Participate in team games • Begin to develop simple tactics for attacking and defending • Practise basic movements including running, jumping, throwing and catching Develop balance and agility • Perform simple dances |

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| Year 2 | <ul style="list-style-type: none"> ● Evaluate own and others' performances ● Identify how to improve in different physical activities ● Participate in team games following simple rules ● Develop simple tactics for attacking and defending ● Master basic movements including running, jumping, throwing and catching Develop and apply balance, agility and co-ordination ● Perform dances using simple movement patterns |
| Year 3 | <ul style="list-style-type: none"> ● Communicate and compete with each other ● Begin to show an understanding of how to improve own and others' performances ● Participate in team games understanding the rules ● Develop a wider range of tactics for attacking and defending Participate in outdoor and adventurous activities ● Begin to use running, jumping, throwing and catching in isolation and in combination Further develop flexibility, strength, control and balance ● Perform dances and gymnastic routines on own and with others using movement patterns ● Compare performances with previous ones ● Begin to demonstrate improvement to achieve personal best |
| Year 4 | <ul style="list-style-type: none"> ● Communicate and compete with each other ● Understand how to improve own and others' performances ● Play competitive games and demonstrate their sense of sportsmanship eg fairness and respect ● Understand basic principles suitable for attacking and defending Participate in outdoor and adventurous activities ● Use running, jumping, throwing and catching in isolation and in combination Further develop flexibility, strength, technique, control and balance ● Perform dances and gymnastic routines on own and with others using movement patterns ● Compare performances with previous ones Demonstrate improvement to achieve personal best |

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| Year 5 | <ul style="list-style-type: none"> • Communicate, collaborate and compete with each other in order to inspire self and others to succeed and excel • Evaluate and recognise own and others' success and identify strategies for improvement • Play competitive games showing good communication and collaboration to demonstrate their sense of sportsmanship • Apply principles suitable for attacking and defending Participate in outdoor and adventurous activities • Use a broad range of skills in isolation and in combination to become physically confident • Develop mastery of flexibility, strength, technique, control and balance • Perform dances and gymnastic routines on own and with others using a range of movement patterns • Evaluate and compare performances with previous ones Demonstrate improvement to achieve personal best |
| Year 6 | <ul style="list-style-type: none"> • Communicate, collaborate and compete with each other in order to inspire self and others to succeed and excel • Evaluate and recognise own and others' success and identify strategies for improvement • Play competitive games showing good communication and collaboration to demonstrate their sense of sportsmanship • Apply range of principles suitable for attacking and defending Participate in outdoor and adventurous activities • Use a broad range of skills in isolation and in combination to become physically confident • Master flexibility, strength, technique, control and balance • Perform dances and gymnastic routines on own and with others using a range of movement patterns • Evaluate and compare performances with previous ones Demonstrate improvement to achieve personal best |

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