



Safety Tips on Mobiles

Keep your phone charged and check that you have some credit in case you need to phone urgently

Keep your phone hidden but on vibrate so you know if someone is ringing you

Keep people you trust on speed dial

Don't answer calls or reply to text messages from people you do not know

Don't use your phone to bully other people

Block people who send you stuff you don't like

If you need to make a call in which the other person pays (in an emergency) call 0800 REVERSE (08007383773)

If you receive any bullying messages keep them as evidence

Never give your number to someone you do not know